



K Aesthetics & Wellness Medspa
WAXING CONSENT FORM

Name: _____ Date: _____

Address: _____

City, State & Zip: _____ Referred by: _____

Phone Number: _____ Email Address: _____

I, _____, give consent to the service provider at K Aesthetics & Wellness Medspa to perform the following wax services:

_____ I have not used a scrub, Retin-A, Retinol OTC, take home micro-dermabrasion, glycolic peels, other peels, exfoliated or tanned in the last 72 hours.

_____ I have been off of Accutane for at least twelve (12) months.

_____ Some possible side effects include redness, swelling and pimples, but these are temporary and generally fade within 72 hours.

_____ For Brazilian and/or bikini waxing, I will notify my service provider if I am on my menstrual cycle.

_____ I do not have any open skin lesions or active herpes outbreak (cold sore or genital).

_____ I understand that with treatment certain risks are involved and that any complications or side effects from known or unknown causes could occur. I freely assume these risks.

_____ I agree to adhere to all safety post care including: no peels, tanning or wet room services; no swimming/spas/hot tubs for 72 hours after waxing; and all home skin care protocols as recommended by my service provider.

_____ I am over 18 years of age or I have parental consent co-signed below.

_____ I will call to inform my service provider of any complications or concerns I may have as soon as they occur.

My signature acknowledges that I have read and agree to receive the treatments or series of treatments listed above and that I will adhere to all of the aforementioned statements that I have initialed.

Client Signature: _____

Date: _____

Guardian Signature: _____

Date: _____

Service Provider Signature: _____

Date: _____

We have the right to refuse services for all waxing if proper hygiene is not followed. For Brazilian and bikini waxes, please use the provided wipe to cleanse area.



AFTER CARE

Stay Out of the Water: Newly waxed skin is vulnerable to infection, which is why you'll want to give yourself a bit of time to heal before getting into the water. Sources of standing water in particular, such as showers and pools, are a concern and should be avoided for 24-48 hours after a wax. Showers are fine after the procedure.

Keep Your Hands to Yourself: It may be tempting to check out your newly smooth skin. However, you'll want to wait at least a day before running your fingers down there. This is because your fingers are likely to introduce bacteria to the newly sensitized region.

Chill-Out: Because the newly waxed area is more sensitive and more susceptible to invading bacteria, it's best to avoid heat, sweat, and friction after your wax. For at least 24 hours, you'll want to avoid saunas, tanning beds, and even the gym.

Wait for Sex: Give yourself about 2 days, or 24-48 hours, to recover from the wax before engaging in any sexual activity.

Keep it Loose: Avoid tight and constricting clothing for a few days after your wax. This helps the area heal faster and avoids friction, which can cause sweat and bacteria buildup.

Soothe Irritation: There is a variety of high-quality products that are designed to help soothe post-waxing irritation. You'll want to start with something that isn't too oily, such as a soothing, menthol-based gel, and then progress to post wax refreshing creams. About two days after the wax, you can also use oils to help ensure smoothness.

Exfoliate: Two days after your wax, use a good quality exfoliate to help avoid ingrown hairs. You can make your own exfoliant or shop with K Aesthetics & Wellness Medspa.

Other Tips:

New bumps are usually from irritation, while older bumps are from ingrown hairs

Timing is key to having a positive waxing experience. Avoid scheduling during your period, and give yourself at least two days away from the gym and from any strenuous activity.

It's normal to have post-waxing bumps, and they can last for a day after your wax. Although, using a soothing gel or cream can help you get rid of the bumps faster

Avoid contaminating the area with your fingers and avoid activities that cause friction

Exfoliating two days after your wax helps get rid of ingrown hairs

If bumps persist or become itchy, you may be experiencing an allergic reaction. An over the counter allergy medication like Claritin may help, but if the problem persists, call your doctor. It's also a good idea to contact the salon to get the names of the products that were used, so you know what to avoid in the future.

Using high-quality wax and wax aftercare products will help ensure a better result.